



ALMA MATER EUROPAEA
of the European Academy of Sciences and Arts

in cooperation with :



***The European Federation
Of Sports Medicine Associations***

EXERCISE PRESCRIPTION for HEALTH (EPH)
Special symposium for National Associations of EFSMA :
Only on invitation : Presidents and National Managers

Program
12 September 2015, Saturday 10.30

Chairmen : Prof Nicolas Christodoulou (MJC SM UEMS) –
Dr André Debruyne (EFSMA)

10:30 : Opening – Introduction

10:45 : Why EPH? The Green Prescription . Prof Joe Cummiskey

11:15 : Pro's and Con's . Prof Herbert Löllgen

11:45 : Discussion .

12:15 : Lunch Break .

13:00 : EPH in practice. Dr Petra Zupet

13:30 : ECG of “special” classes of athletes Prof Mats Börjesson .

14:00 : Discussion & Examination

14:15 : Conclusions : Prof Norbert Bachl

For these presentations and more information visit website :
www.efsma-scientific.eu